



Path to First Class Overnighter 2018

Name: _____ Troop: _____

Description: This program is designed to help Scouts working towards their rank advancements from Scout to First Class. Feel free to participate at any of the program areas to pass these requirements off. Bring this sheet or your Scout Handbook to get signed-off from the staff counselors.

Outdoor Skills Area

Scout

- 1a Oath, Law, Motto, Slogan, Spirit
Initials / Date _____
- 1c Sign, Salute, Handshake
Initials / Date _____
- 1d First Class Scout Badge
Initials / Date _____
- 1e Outdoor Code
Initials / Date _____
- 1f Pledge
Initials / Date _____
- 2a Describe leadership in troop
Initials / Date _____
- 2b 4 steps of Scout Advancement
Initials / Date _____
- 2c Boy Scout ranks and how earned
Initials / Date _____
- 2d Merit badges and how earned
Initials / Date _____
- 3ab Patrol Method, name, yell
Initials / Date _____
- 4a Square Knot, Two Half-hitches, Taut-line hitch – use of each
Initials / Date _____
- 4b Whip and fuse rope
Initials / Date _____
- 5 Pocketknife safety
Initials / Date _____

Tenderfoot

- 3abc Practical use of Square Knot, Two half-hitches, Taut line
Initials / Date _____
- 3d Knife, Saw, Ax – care & use
Initials / Date _____
- 5abc Safe Hiking: Buddy, Lost, Rules
Initials / Date _____
- 7a Raise, lower, fold flag
Initials / Date _____
- 8 EDGE method
Initials / Date _____

2nd Class

- 2bc Kindling, Build a fire.
Initials / Date _____

- 2fg Tie Sheet bend, Bowline; use
Initials / Date _____
- 3a Compass and orient map, symbols
Initials / Date _____
- 3d Find directions without compass
Initials / Date _____
- 8ab Flag Ceremony, Respect
Initials / Date _____

1st Class

- 3a Lashings
Initials / Date _____
- 3b Timber hitch, clove hitch
Initials / Date _____
- 3c Lashing; poles together
Initials / Date _____

Nature Area

Tenderfoot

- 1b Leave No Trace
Initials / Date _____
- 4b Poisonous Plants
Initials / Date _____

2nd Class

- 4 (10) Wild animals
Initials / Date _____

1st Class

- 1b Tread Lightly
Initials / Date _____
- 5a (10) Native plants
Initials / Date _____
- 5b Obtain Weather Forecast
Initials / Date _____
- 5c Indications Hazardous Weather
Initials / Date _____
- 5d Extreme weather risks and avoiding
Initials / Date _____

Waterfront Area

2nd Class

- 5a Safe swim
Initials / Date _____
- 5b Swim 25 feet
Initials / Date _____

- 5c Water rescue
Initials / Date _____

- 5d Rescue techniques
Initials / Date _____

1st Class

- 6a BSA swimmer test
Initials / Date _____
- 6b Safe trip afloat
Initials / Date _____
- 6e Line rescue
Initials / Date _____

First Aid Area

Tenderfoot

- 4a Show first aid (8 areas)
Initials / Date _____
- 4c Prevent-reduce injuries
Initials / Date _____
- 4d 4d Prepare a personal first aid kit
Initials / Date _____

2nd Class

- 6a Demonstrate first aid (7 areas)
Initials / Date _____
- 6b Hurry cases
Initials / Date _____
- 6c Prevent-reduce injuries
Initials / Date _____

1st Class

- 7a Bandages
Initials / Date _____
- 7b Transporting the injured
Initials / Date _____
- 7c Heart attack and CPR
Initials / Date _____

Other requirements that may be passed off while at KSR by Scoutmaster

Tenderfoot

- 6a. Record your best in the following tests:

Current results

Push-ups _____
Sit-ups _____

Sit & Reach (___ft. __in.)

1-mile walk/run _____

30 days later

Push-ups _____

Sit-ups _____

Sit & Reach (___ft. __in.)

1-mile walk/run _____

- 6c. Show improvement in the activities listed in requirement 10a after practicing for 30 days. (Out of camp)
- 8c 1 Hour service project

2nd Class

- 3b 5 mile hike with compass and map
(note: extra time will be taken to complete; must be completed during program time.)

1st Class

- 3d Lash a camp gadget
- 4a Orienteering course
(note: extra time will be taken to complete; must be completed during program time.)